



September 2009



Manchester Local School District



| Monday | Tuesday | Wednesday | Thursday | Friday |
|---|---|---|---|---|
| 31 Bagel w/Cream Cheese Juice – Choice ½ Pint Milk - Choice | 1 Waffles w/Syrup Juice – Choice ½ Pint Milk – Choice | 2 Cinnamon Rolls w/Vanilla Glaze Juice – Choice ½ Pint Milk – Choice | 3 Biscuits & Gravy Juice – Choice ½ Pint Milk – Choice | 4 Egg & Cheese Wrap Juice – Choice ½ Pint Milk – Choice |
| 7 LABOR DAY NO SCHOOL | 8 Cinnamon Toast Juice – Choice ½ Pint Milk - Choice | 9 Pancake Sausage Wrap w/Syrup Juice – Choice ½ Pint Milk – Choice | 10 Fresh Baked Muffin Juice – Choice ½ Pint Milk - Choice | 11 Ham & Egg Sandwich Juice – Choice ½ Pint Milk – Choice |
| 14 Breakfast Pizza Juice – Choice ½ Pint Milk – Choice | 15 Mini Pancakes w/Syrup Juice – Choice ½ Pint Milk – Choice | 16 Oats w/Brown Sugar & Cinnamon Toast Juice – Choice ½ Pint Milk – Choice | 17 Biscuit & Gravy Juice – Choice ½ Pint Milk – Choice | 18 Scrambled Eggs w/Toast Juice – Choice ½ Pint Milk – Choice |
| 21 Yogurt Cup w/Graham Crackers Juice – Choice ½ Pint Milk – Choice | 22 Funnel Cake Juice – Choice ½ Pint Milk – Choice | 23 French Toast Sticks w/Sausage Juice – Choice ½ Pint Milk – Choice | 24 Sausage Wrap w/ Syrup Juice – Choice ½ Pint Milk – Choice | 25 Sausage Sandwich Juice – Choice ½ Pint Milk – Choice |
| 28 Chicken on Biscuit Juice – Choice ½ Pint Milk – Choice | 29 Egg Omelet w/Toast Wedge Juice – Choice ½ Pint Milk – Choice | 30 Bagel w/Cream Cheese Juice – Choice ½ Pint Milk – Choice | OCT 1 COOK'S CHOICE ½ Pint Milk – Choice | 2 Mini Pancakes w/Syrup Juice – Choice ½ Pint Milk – Choice |

Manchester
Local School
District

**High School and
Elementary
Breakfast**

✓ INDICATES ITEM IS LOW
FAT

➤ SAUCES, DRESSINGS &
GRAVY ARE SERVED ON
THE SIDE

