




January 2010

Manchester Local School District



Monday	Tuesday	Wednesday	Thursday	Friday
				1
4 COOK'S CHOICE ½ Pint Milk - Choice	5 Egg Omelet w/Toast Wedge Juice - Choice ½ Pint Milk - Choice	6 Bagel w/Cream Cheese Juice - Choice ½ Pint Milk - Choice	7 Biscuit & Gravy Juice - Choice ½ Pint Milk - Choice	8 Mini Pancakes w/Syrup Juice - Choice ½ Pint Milk - Choice
11 Breakfast Pizza Juice - Choice ½ Pint Milk - Choice	12 French Toast Sticks w/Sausage Link Juice - Choice ½ Pint Milk - Choice	13 Mini Corndog Juice - Choice ½ Pint Milk - Choice	14 Sausage Biscuit Juice - Choice ½ Pint Milk - Choice	15 Funnel Cake Juice - Choice ½ Pint Milk - Choice
18 NO SCHOOL MLK JR. DAY	19 Waffles w/Syrup Juice - Choice ½ Pint Milk - Choice	20 Cinnamon Rolls w/Vanilla Glaze Juice - Choice ½ Pint Milk - Choice	21 Biscuit & Gravy ½ Pint Milk - Choice Juice - Choice	22 Yogurt Cup w/Graham Crackers Juice - Choice ½ Pint Milk - Choice
25 Breakfast Pizza Juice - Choice ½ Pint Milk - Choice	26 COOK'S CHOICE ½ Pint Milk - Choice	27 Scrambled Eggs w/Toast Juice - Choice ½ Pint Milk - Choice	28 Pancake Sausage Wrap w/Syrup Juice - Choice ½ Pint Milk - Choice	29 Fresh Baked Muffin Juice - Choice ½ Pint Milk - Choice

Manchester Local School District

High School and Elementary Breakfast

✓ INDICATES ITEM IS LOW
FAT

➤ SAUCES, DRESSINGS &
GRAVY ARE SERVED ON
THE SIDE

