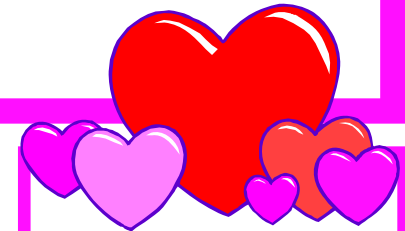




February 2010

Manchester Elementary



Monday	Tuesday	Wednesday	Thursday	Friday
Ravioli w/Cheese 1 OR Popcorn Chicken Green Beans Fruit Cup Garlic Bread	Soft Taco w/Meat 2 OR Stacked Turkey on Wheat Lettuce & Cheese ✓ Mixed Fruit Snack Size Doritos	Cheeseburger on Bun 3 OR Mini Club Sandwich Oven Fries Carrots w/Dip ✓ ➤ Cocoa Bar ✓	Pepperoni Pizza 4 OR Rib-A-Cue Sandwich Steamed Corn Orange Wedges ✓ Cherry Cake w/Glaze	Fish Sandwich on Wheat 5 OR Chicken Patty on Wheat Scalloped Potatoes Applesauce Cup ✓ Animal Crackers ✓
Salisbury Steak 8 w/Bread & Butter OR Hot Ham Sandwich Mashed Potatoes w/Gravy ➤ Orange-Apple Cup ✓ Peanut Butter Jelly Bar	Cheesy 9 Breadsticks w/Sauce ➤ OR Deli Wrap Toss Salad ✓ Diced Peaches	Mega Noodle 10 Soup OR Homemade Chili Peanut Butter Sandwich Baby Carrots ✓ Orange Wedges ✓ Crackers	Cheese Pizza 11 OR Hamburger on Bun Cook's Choice Vegetable Apple Half Teddy Grahams	Ocean Treats 12 OR Chicken Nuggets Macaroni & Cheese Celery Sticks ✓ Fruit Cup Valentine Cake
15 NO SCHOOL PRESIDENT'S DAY	16 NO SCHOOL WAIVER DAY	Hotdog 17 w/Sauce & Cheese OR BBQ Chicken on Bun Baked Beans Orange Half ✓ Snack Size Fritos	Variety Pizza 18 OR Meatball Sub on Bun Carrot Sticks w/Dip ➤ ✓ Mixed Fruit Chocolate Chip Cookie	Sloppy Jo on 19 Bun OR Fish on Wheat Baked Tots Cole Slaw Snack Size Pretzels ✓
Oven-Baked 22 Corn Dog OR Toasted Ham & Cheese Oven Fries Fresh Fruit ✓ Gingerbread Cake w/Topping	Mozzarella 23 Sticks w/Sauce ➤ OR Pizza Steak Hoagie on Bun Toss Salad ✓ Fruit Cup Clodhoppers	Stacked Turkey 24 on Wheat OR Toasted Cheese Deluxe Vegetable Cup ✓ Applesauce ✓ Cool Ranch Doritos	Cheese Pizza 25 OR Mini Club Sandwich Carrots w/Dip ✓ ➤ Chilled Pears ✓ Brownie Square	Chicken Strips 26 OR Spaghetti w/Meatballs Green Beans Fresh Fruit – Choice ✓ Garlic Bread

Student Lunch

The menu pattern for school meals is designed to meet 1/3 of the US daily allowances for children.

A meal pattern consists of the following components:

- 2 oz meat or meat alternate
- 1 cup combined fruit and/or vegetable
- 2 bread servings
- ½ pint fluid milk

Our enhanced meal offers additional bread or grain servings weekly.

(1/2 Pint Milk Choice Daily)

School lunches are designed to contain no more than 30% calories from fat and 10% calories from saturated fat.

✓ INDICATES ITEM IS LOW FAT

➤ Sauces, Dressings & Gravy are served on the side

Lunch Prices

K-6 \$1.75
Reduced Price \$0.40
Milk \$0.35
Adult Lunch \$3.10
(Adult meals are not funded through the government meal program)

Student breakfast served daily at no charge to students.



Our menu is subject to change without notice due to product availability and vendor delivery. Thank you for your understanding.