

April 2010

Manchester Elementary



Monday	Tuesday	Wednesday	Thursday	Friday
			Pepperoni Pizza 1 OR Tuna Salad on Wheat Carrots w/Dip➤ Trail Mix✓ Cocoa Bar✓	2 NO SCHOOL GOOD FRIDAY
5 NO SCHOOL EASTER BREAK	Nachos w/Meat & 6 Cheese Sauce➤ OR BBQ Chicken Sandwich Steamed Corn Apple Half✓ Snickerdoodle Cookie	Stacked Turkey 7 on Wheat OR Toasted Cheese Sandwich Tater Tots Orange & Apple Cup✓ Brownie Square	Variety Pizza 8 OR Deli Wrap Veggies w/Dip➤ Applesauce Cup✓ Fun Size Fritos	Fish Sandwich 9 OR Hamburger on Bun Oven Baked Fries Banana Half✓ Rick Krispie Treat
Baked Spaghetti 12 w/Meat Sauce OR Popcorn Chicken Green Beans Orange Cup✓ Garlic Bread	Cheesy Breadsticks 13 w/Sauce➤ OR Pizza Steak Hoagie on Bun Baby Carrots w/Dip➤ Hot Apple Slices Teddy Grahams	Chicken Patty 14 on Wheat OR Cheeseburger on Wheat Baked Fries Deluxe Veggie Cup✓ Gingerbread w/Topping	Pepperoni Pizza 15 OR Sub Sandwich Toss Salad✓ Cherries w/Topping No Bake Oatie	Chicken Nuggets 16 OR Ocean Treats Macaroni & Cheese Celery Sticks✓ Applesauce Cup✓ Clodhoppers
Salisbury Steak 19 w/Bread & Butter OR Chicken Patty on Wheat Mashed Potatoes w/Gravy➤ Fresh Fruit Cup✓ Animal Crackers✓	Ravioli 20 w/Meat & Cheese OR Chicken Strips Green Beans Orange Wedges✓ Garlic Bread	Soft Taco w/Meat 21 & Cheese➤ OR Stacked Turkey on Wheat Lettuce & Cheese✓ Trail Mix✓ Nacho Cheese Doritos	Cheese Pizza 22 OR Meatball Sub Sandwich Steamed Corn Apple Half✓ Cook's Choice Dessert	Mozzarella Sticks 23 w/Sauce➤ OR Deli Wrap Toss Salad✓ Diced Peaches Chocolate Cake w/Glaze
Oven Baked 26 Corn Dog OR Toasted Ham & Cheese Baked Fries Orange Half✓ Strawberry Shortcake	Hotdog 27 w/Sauce➤ & Cheese OR Mini Club Sandwich Baked Beans Banana Half✓ Gold Fish Crackers✓	Pizza Burger 28 OR Rib-A-Cue Sandwich Toss Salad✓ Applesauce✓ Snack Size Fritos	Variety Pizza 29 OR Cook's Choice Carrots w/Dip➤ Diced Peaches Snack Size Pretzels✓	Sloppy Jo on Bun 30 OR Fish Sandwich Macaroni & Cheese Cole Slaw Trail Mix✓ Cook's Choice Cookie

Student Lunch

The menu pattern for school meals is designed to meet 1/3 of the US daily allowances for children.

A meal pattern consists of the following components:

- 2 oz meat or meat alternate
- 1 cup combined fruit and/or vegetable
- 2 bread servings
- ½ pint fluid milk

Our enhanced meal offers additional bread or grain servings weekly.

(1/2 Pint Milk Choice Daily)

School lunches are designed to contain no more than 30% calories from fat and 10% calories from saturated fat.

✓INDICATES ITEM IS LOW FAT

➤Sauces, Dressings & Gravy are served on the side

Lunch Prices

K-6 \$1.75
Reduced Price \$0.40
Milk \$0.35
Adult Lunch \$3.10
(Adult meals are not funded through the government meal program)

Student breakfast served daily at no charge to students.

Our menu is subject to change without notice due to product availability and/or delivery. Thank you for your understanding.

