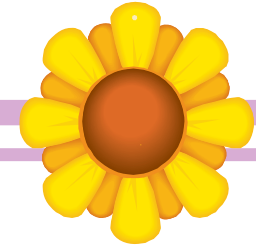




# May 2010

## Manchester Elementary



Monday	Tuesday	Wednesday	Thursday	Friday
Baked Spaghetti <b>3</b> w/Meatballs OR Popcorn Chicken Green Beans Orange Wedges✓ Garlic Bread	Cheeseburger on Bun <b>4</b> OR Stacked Turkey on Bun Baked Curly Fries Lettuce, Tomato, Pickle✓ Cocoa Bar	Chicken Patty <b>5</b> on Wheat OR Rib-A-Cue Sandwich Steamed Peas Diced Peaches Animal Crackers✓	Pepperoni Pizza <b>6</b> OR Tuna Salad on Wheat Baby Carrots w/Dip➤✓ Sherbet Cup✓ Fun Size Doritos	Toasted Cheese OR <b>7</b> Nachos w/Meat & Cheese Seasoned Corn Trail Mix✓ Jell-O Cup Rice Krispie Treat
Oven-Baked <b>10</b> Corndog OR Meatball Sub Baked Tots Strawberries w/Topping G-Force Bar✓	Chicken Fajita <b>11</b> OR Mini Club Sandwich Lettuce & Cheese✓ Applesauce✓ Fun Size Fritos	BBQ Chicken <b>12</b> on Bun OR Pizza Steak Hoagie Carrots & Dip➤✓ Diced Pears Chocolate Cake w/Glaze	Cheese Pizza <b>13</b> OR Ham & Cheese on Wheat Steamed Corn Fresh Fruit✓ No Bake Oatie	Fish Sandwich <b>14</b> OR Cheeseburger on Bun Oven-Baked Fries Fresh Fruit✓ Clodhoppers
Ravioli w/Meat <b>17</b> & Cheese OR Chicken Strips Toss Salad✓ Diced Peaches Garlic Bread	Cheesy <b>18</b> Breadsticks w/Sauce➤ OR Tuna Salad Sandwich Carrots w/Dip➤✓ Applesauce	Cheeseburger <b>19</b> on Bun OR Cook's Choice Oven-Baked Fries Orange Wedges✓ Snickerdoodle Cookie	Variety Pizza <b>20</b> OR Deli Wrap Toss Salad✓ Mixed Fruit Golden Cake w/Glaze	Ocean Treats <b>21</b> OR Chicken Nuggets Macaroni & Cheese Celery Sticks✓ Fruit Cup Animal Crackers✓
Salisbury Steak <b>24</b> w/Bread & Butter OR Chicken Patty on Wheat Mashed Potatoes w/Gravy Cherries w/Topping Teddy Grahams	Hotdog w/Sauce & <b>25</b> Cheese OR Hamburger on Bun Baked Beans Fresh Fruit✓ Fun Size Fritos	Pizzaburger on Bun <b>26</b> OR Chicken Fajita Lettuce & Cheese✓ Fruit Cup Cool Ranch Doritos	Pepperoni Pizza <b>27</b> OR Ham & Cheese Sandwich Veggies w/Dip➤✓ Orange Wedges✓ Fun Size Pretzels✓	Sloppy Jo on Bun <b>28</b> OR Fish Sandwich Macaroni & Cheese Cole Slaw Fruit Cup
<b>31</b> NO SCHOOL MEMORIAL DAY	Variety Pizza <b>June 1</b> OR Cook's Choice Vegetable – Choice Fruit Cup Pkg. Snack			

### Student Lunch

The menu pattern for school meals is designed to meet 1/3 of the US daily allowances for children.

A meal pattern consists of the following components:

- 2 oz meat or meat alternate
- 1 cup combined fruit and/or vegetable
- 2 bread servings
- ½ pint fluid milk

Our enhanced meal offers additional bread or grain servings weekly.

(1/2 Pint Milk Choice Daily)

School lunches are designed to contain no more than 30% calories from fat and 10% calories from saturated fat.

✓INDICATES ITEM IS LOW FAT

➤Sauces, Dressings & Gravy are served on the side

#### Lunch Prices

K-6 \$1.75  
Reduced Price \$0.40  
Milk \$0.35

Adult Lunch \$3.10  
(Adult meals are not funded through the government meal program)

Student breakfast served daily at no charge to students.

Our menu is subject to change without notice due to product availability and vendor delivery. Thank you for your understanding.

